

To,  
The Australian High Commission,  
New Delhi, India.

## **STATEMENT OF PURPOSE**

### **Introduction:**

I am glad to introduce myself as **Miss. Manisha Khatiwada**, a Nepali citizen born on 05/11/1997, having passport number 10587888, permanent resident of E Gaun, 18, Dhangadhi, Kailali, Nepal, and the youngest daughter of Mr. Ritu Prasad Khatiwada and Mrs. Fan Maya Ghimire. I am writing this SOP including my personal and academic details, career motivations, research on study destinations, education providers and courses as well as future plans as a part of my student visa application to study in Australia. I am intending to pursue **Certificate IV in Ageing Support** commencing on 28<sup>th</sup> May 2018 and **Diploma of Nursing** commencing on 20<sup>th</sup> January 2020 in **Australian Harbour International College (AHIC)**, Sydney, Australia.

### **Academic background:**

As for my academic qualification, I completed my School Leaving Certificate (SLC) from Jaycees Everest English School, Dhangadhi (Kailali) in 2013 and scored 60.00%. Since my childhood, I have had enthusiasm on serving people with good care and affection. I love to being engaged in taking care of people and advise them regarding any kind of treatment. So, considering my interest, I decided to study Nursing and joined a Nursing College and completed my three years of PCL Nursing in the year 2016 scoring 79.52% from, Shaileshwori Farwest School of Health Science And Technology, Kailali, Nepal. After that, I appeared in the exam conducted by Nepal Nursing Council on 14<sup>th</sup> March 2017 and became a registered nurse in Nepal.



### **English Language Proficiency Test:**

Regarding my English Language Proficiency, I have attended IELTS (International English Language Testing System) test on **24<sup>th</sup> Feb 2018** and scored an overall of 6.0.

### **Work Experience:**

After the completion of PCL Nursing, I worked as a Staff Nurse in CP Hospital from 15 May 2017 to 15 November 2017 in General and Surgical department. In the working phase, I realized that there was still I needed to learn in order to be better in my career sector. Also, I realized that sick and especially, old people were being treated by nurses with not proper training and skills, which is why I decided to continue my study in Certificate IV in Ageing Support and Diploma of Nursing to acquire advanced knowledge and skill to treat needy people in the right ways.

### **Why Not Nepal?**

Firstly, in today's competitive market, practical Knowledge is more prioritized by employers. But, education system of Nepal is based on theory rather than practical. Similarly, the academic degree of Nepal is also not globally recognized. My career aim is to be a skilled Nurse, where I have to deal with different people and get in touch with them in a regular basis but I hardly get such multicultural environment studying in Nepal. Also, such communication skills and interpersonal skills are not taught and practiced in classrooms of Nepal. Course specializations are also not available in our country. Courses related to Ageing Support are also not available in Nepal, or even all of South Asia. The course curriculum is highly outdated and haven't been updated to match with the international standard education. For the same reason, the degree we earn in our country is not recognized worldwide. Institutions are also not equipped with all the resources required by students. However, despite the highly theoretical approach to teaching and lack of resources, individuals are expected to show skills and





readiness to compete in the job market. Due to all these reasons, I have decided not to continue studying in Nepal.

### **Why Australia?**

After deciding to study abroad, I visited many consultancies, attended expos and fairs, and did research on my own to find the right study destination for me. I selected USA, UK, Australia and Canada as the top countries for me to study, as they were all ranked as best and most popular countries for international students and also were all English speaking countries, reducing my hassle to learn another difficult language.

Although USA, UK, Australia and Canada, all have excellent education system and quality lifestyle, international exposure and multiculturalism, I found Australia to be the right fit for me. I didn't choose to study in USA mainly because of its unsafe environment, increasing crime and violence rates. Terrorist attacks, mass shootings have been common news about USA and also, the country has inconsistent and not-so-international-students' friendly policies at the present. Besides, it is also quite an expensive country in terms of study and living. Thus, I didn't choose to study in USA. Likewise, I found UK to be very expensive, due to the very high conversion rate of UK Pound to Nepalese Rupees. Also, the UK government hasn't been able to implement very international students' friendly laws and the past recession still haunts every international students there. So, I didn't choose to study in UK as well. Then, I realized Canada wasn't the right fit for me when I found out that Canada has extreme cold weather and that would be really difficult for me to adapt to, considering the moderate climate of my country. In contrary, Australia seemed to be the perfect destination with quality education, good lifestyle, excellent climatic conditions, safe and peaceful environment and affordable living and tuition expenses. Thus, I chose to continue my study in Australia.

As far as I know, Australia is one of the leading countries in the world for getting the quality education. Australia offer a diverse range of study for international students with more than 1200 Institutions. Schools and



employers all over the world recognize degree from Australian institutions. Graduates from Australian schools are highly sought after due to the impressive international reputation of the Australia education system. This system is carefully regulated by the Australian Government in order to maintain the high standards of education associated with the country. Furthermore, Australia has also 7 of the top 100 universities and collage in the world. It provides over 22,000 courses across 1,100 institutions due to which more than 2.5 million international students have made difference to the society after studying in Australia. These students after returning their countries are standing in prominent positions in their post study career. Similarly, Australia has great concern and responsibilities towards its international students which are seen through the Education Services for Overseas student (ESOS) Act 2000, Tuition Protection Scheme (TPS) and Overseas Student Health Cover (OSHC). ESOS act provides students with the right to current and accurate information about the chosen institution, intended course and its contents, fees payable and information related to refunds of courses money. TPS ensures the tuition fee paid by students is refunded in case the institution is not able to teach the intended course. OSHC is mandatory health insurance for international students that cover hospital and medical fees that might be required. These kinds of international students' friendly laws and policies is what makes studying in Australia so much better than in other countries.

Australian Education system is carefully regulated by the Australian government in order to maintain the high standards of education associated with the country and most of the qualifications are covered by Australian Qualification Framework (AQF). Australia also has a good mix of cultures and nationalities exposing me to multiculturalism and diversity. It has been ranked 9th safest place in the world by Global Peace Index in 2015. It experiences very low crime rate, so has a very safe environment. It has some of the most livable cities in the world, and Sydney is one of them.

Another appealing aspect of Australia for international students is the quality of scientific research for which Australia stands at the forefront in case of new technology and innovations. In addition, we International students can take advantage by the country's impressive technology and





research resources. There are also the possibilities of scholarship which can help lower the cost of studying in Australia for international students. The education system in Australia serves student in good manners in any field and also encourages them to be more creative, innovative and independent. Thus, Australia being a multicultural, diverse, safe, peaceful, lively, dynamic, welcoming and a beautiful developed country with quality education, international friendly services, variety of courses and many other reasons as such have convinced me that studying in Australia would be the right decision for me.

After deciding to study in Australia, I choose to stay in Sydney because it is one of the world most livable cities and also capital of New South Wales. It is a metropolitan city with well-planned transport, communication should not be an issue as it is the home for majority of the international student along with peaceful investment with wide range of students. Sydney has cultural and religious harmony. It is the best place in Australia than any other cities due to its climate friendly lifestyle, world class recreation transport, telecommunication facilities, international cuisines and world renowned universities and colleges. Also, the climate of Sydney is moderate and similar to that of my own country, which will make it very easy for me to adapt there.

### **WHY AUSTRALIAN HARBOUR INTERNATIONAL COLLEGE (AHIC):**

It was really difficult for me to choose the right college for my ageing support and nursing courses due to the variety of reputed education providers in Australia. It was only after a lot of research that I could choose one college as the best fit for me. I went through websites of colleges like: Australian Institute of Business and Technology (AIBT) ([www.aibtglobal.edu.au](http://www.aibtglobal.edu.au)), Nurse Training Australia (NTA) ([www.nta.edu.au](http://www.nta.edu.au)), Queensford College ([www.queensford.edu.au](http://www.queensford.edu.au)) and Australian Harbour International College (AHIC) ([www.ahic.edu.au](http://www.ahic.edu.au)).



I realized that all of the colleges mentioned had courses related to my intended ones but still each college had its own peculiarity. **AIBT** offers Certificate III, Certificate IV and Diploma courses but packaged course of only Certificate III in Individual Support (Ageing) and Diploma of Nursing was available for international students, and I wasn't very drawn to study Certificate III course. **NTA** offers Certificate IV in Ageing Support and Diploma of Nursing as separate courses of 52 and 78 weeks respectively and is in Burwood, NSW which is around 10 kilometers west of the Sydney CBD. **Queensford College** offers both, Certificate IV in Ageing support and Diploma of Nursing but of only 26 and 105 weeks. I felt the duration of Certificate IV was too short for me to get a proper understanding of Ageing support and also, there wouldn't be any time to practically utilize the skills learned. However, **AHIC** offers Certificate IV in Ageing Support of 78 weeks and Diploma of Nursing of 104 weeks, in an affordable fee of \$15,000 and \$30,000 respectively. Furthermore, it is also located in the heart of Sydney CBD, which is a very convenient location that will save both time and money for me. One of the unique benefit of studying these courses in AHIC is also the placement opportunities in its affiliated aged care centers and hospitals, allowing me to use the knowledge gained in a real-life scenario.

Australian Harbour International College has in a short time, been able to place itself as one of the best vocational education providers with the best kind of studying environment for students from all around the world. They have excellent teaching methodology. They offer placements at anytime during the course at their affiliated aged care facilities, during Certificate IV in Ageing Support, which is a great way to learn practical skills and be market ready. In my opinion, this is a very good method because students can practically apply what they learn inside the classroom at the same time. If students get the opportunity to practically apply their theoretical knowledge it will help them to grow and make them more skilled individually after all experience is the best teacher. In most colleges, they offer practical hours at the end of the course in block system. But AHIC is providing both theory and practical hand in hand which is the most impressive thing about this college. Some of their affiliated aged care centers are St.Elizabeth home, Wyong aged care facility, St. George etc. The





college also has excellent teaching faculty and impressive student services. Weekly support tutorials for each course as well as welfare counselling is provided by the college to all students. AHIC is a registered training organisation and is bound to comply with the Vocational Quality Framework (VQF), the National Code of Practice 2007 and other requirements specified by the Australian Skills Quality Authority (ASQA). It is also registered in the Commonwealth Register of Institution and Courses for Overseas Students (CRICOS) to deliver courses for international students. It offers a range of flexible course delivery options appropriate to students' preferred learning style. Weekly support tutorials, welfare and career counselling, extra classes for weak students, orientation to new students and amazing lecture rooms and library facilities are provided by AHIC to its students. Pre-teaching terminology, demonstrating procedures, providing opportunities for hands-on experience and practice, ensuring individual support and advice to students, encouraging students to work at their own pace and offering tutorial times for students to work in smaller groups with trainer are some of the education strategies used in AHIC. At AHIC, Each student can personally interact with professors and clear their queries regarding subject matter.

Beside their excellent teaching method the college is located in Sydney with easy transportation system and also quality health services. Their education system is based according to modern standard and needs which is not available in Nepal. If I get the opportunity to study in this college I'm sure that I'll be a highly qualified and globally competent individual which will help me to gain my career goals.

Thus, I have chosen AHIC after careful considerations and am very happy with my decision to pursue my further study in this reputed college.

**Reason for choosing Ageing Support and Nursing for further studies:**

Following my passion in serving sick and old people and genuinely willing to be involved in improving their well-being, I have chosen Certificate IV in



Ageing support and Diploma of Nursing for my further studies. Nursing is a noble and altruistic profession, concerned primarily with the aiding of others who cannot fend for themselves. It follows that those who pursue it are well respected and valued members of society. As there are several fascinating reasons behind choosing nursing profession. I would like to mention some that has motivated me to select ageing support and nursing for upgrading my academic qualification as well as career:

- Applicable skills.
- Well respected.
- Career Prospects.
- Quicker Career Advancement.
- Shape the Future of Health Care.
- More Flexibility at Work.
- Satisfaction
- Good income and quality lifestyle

I have chosen to study Certificate IV in Ageing Support and Diploma of Nursing, which are VET courses. It is because of the small-sized classes, one to one training and assistance provided in these kind of courses, industry-oriented and practical based teaching, comparatively shorter duration and reasonable fees. I believe that these courses will equip me with the right amount of theoretical knowledge and practical skills that will make me market ready and competent enough to advance myself in my chosen career.

### **Course structure:**

#### **1. CERTIFICATE IV IN AGEING SUPPORT:**

Age care is the care of elderly people, i.e. above the ages of sixty or sixty-five. In this stage, they become less active in political, social and economic affairs and since, are not able to get along on their own, majority of them require attention and proper care.





Ageing support is different from just nursing or taking care of children and so need a different course, which is not available in Nepal and all of South Asia. Ageing support will provide skills to deal with elderly people from different socio-economic and cultural background. There are different aged care in Nepal but study in ageing support is not available here. A normal nurse or normal people are involved to provide age care support in Nepal so, there is lack of well trained and educated nurse who has undertaken ageing support. It will be easy for me to take care my own grandparents as well as my parents.

The Certificate IV in Ageing support is a 78 weeks (54 weeks study) course in AHIC and has a total of 18 units of competency.

<b>Code</b>	<b>Units of Competency</b>
CHCADV001	Facilitate the interests and rights of clients
CHCAGE003	Coordinate services for older people
CHCAGE004	Implement interventions with older people at risk
CHCAGE006	Facilitate individual service planning and delivery
CHCCCS025	Support relationships with carers and families
CHCLEG003	Manage legal and ethical compliance
CHCPRP001	Develop and maintain networks and collaborative partnerships
CHCAGE001	Facilitate the empowerment of older people
CHCAGE005	Provide support to people living with dementia
CHCCCS011	Meet personal care needs
CHCCCS023	Support independence and well being
CHCDIV001	Work with diverse people
CHCPAL001	Deliver care services using a palliative approach



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HLTAAP001 Recognize healthy body systems

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HLTWHS002 Follow safe work practices for direct client care

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HLTAID003 Provide First Aid

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HLTENN025 Implement and monitor care for a person with diabetes

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HLTAAP002 Confirm physical health status

## **2. DIPLOMA OF NURSING:**

A nursing diploma is a rigorous program that imparts to students skills such as administering medicine, caring for patients and working as part of a medical team. Flexible study options and the option of mixed mode learning (also known as blended learning) allows working while studying. This is the reason I choose to study Diploma of Nursing.

Diploma of Nursing, in AHIC, is a 104 weeks (72 weeks study) and has a total of 25 units of competency.

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<b>Code</b>	<b>Units of Competency</b>
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CHCDIV001	Work with diverse people
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CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety
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CHCPRP003	Reflect on and improve own professional practice
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HLTAAP002	Confirm physical health status
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HLTAAP003	Analyse and respond to client health information
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HLTENN001	Practise nursing within the Australian healthcare system
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HLTENN002	Apply communication skills in nursing practice
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HLTENN003	Perform clinical assessment and contribute to planning nursing care
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- HLTENNo04 Implement, monitor and evaluate nursing care plans
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- HLTENNo05 Contribute to nursing care of a person with complex needs
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- HLTENNo06 Apply principles of wound management in the clinical environment
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- HLTENNo07 Administer and monitor medicines and intravenous therapy
- 
- HLTENNo08 Apply legal and ethical parameters to nursing practice
- 
- HLTENNo09 Implement and monitor care for a person with mental health conditions
- 
- HLTENNo11 Implement and monitor care for a person with acute health problems
- 
- HLTENNo12 Implement and monitor care for a person with chronic health problems
- 
- HLTENNo13 Implement and monitor care of the older person
- 
- HLTENNo15 Apply nursing practice in the primary health care setting
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- HLTINFo01 Comply with infection prevention and control policies and procedures
- 
- HLTWHS002 Follow safe work practices for direct client care
- 
- HLTENNo25 Implement and monitor care for a person with diabetes
- 
- CHCPOL003 Research and apply evidence to practice
- 
- HLTENNo10 Apply a palliative approach in nursing practice
- 
- HLTINFo03 Implement and monitor infection prevention and control policy and procedures
- 
- HLTAID003 Provide first aid



### **Future Plans:**

After the completion of my Certificate IV in Ageing Support and Diploma of Nursing courses, I will return to my homeland, to my family and relatives and contribute to the medical sector of my country with all the knowledge and skills I will have gained in Australia. I will be able to work in a reputed hospitals of Nepal and contribute for my nation in the field of hospitality. I am planning to devote my service in regions which are not developed properly. Being an international experienced nurse will help me to get good job at reputed hospitals like Bir hospital ([www.nams.org.np](http://www.nams.org.np)), Teaching hospital ([www.teachhighospital.org.np](http://www.teachhighospital.org.np)), Grande Hospital ([www.grandehospital.com](http://www.grandehospital.com)), and aged care centers like Orchid Care Home ([www.orchidcarehome.com.np](http://www.orchidcarehome.com.np)) and so on. My salary will be around 40,000 NRP per month as a staff nurse. However there are plenty of career prospects for the nursing graduates such as: Research Nurse, Nurse Educator, Nurse Administrator, Clinical Nurse Specialist and, Advanced Nurse Practitioner. I have set my vision and aim to be a Clinical Nurse Specialist. Hence, I have clearly figured out that Australian degree will uplift my both academic as well as career. After being a Clinical Nurse Specialist my responsibilities will include:

- Performing discharge planning for patients.
- Preparing reports to document patients' care activities.
- Writing nursing orders.
- Coordinating or conducting educational programs or in-service training sessions on topics such as clinical procedures.
- Observing, interviewing, and assessing patients to identify care needs.
  - Evaluating the quality and effectiveness of nursing practice or organizational systems.





- Providing direct care by performing comprehensive health assessments, developing differential diagnoses, conducting specialized tests, or prescribing medications or treatments.
- Providing specialized direct and indirect care to inpatients and outpatients within a designated specialty such as obstetrics, neurology, oncology, or neonatal care.

Nurses perform a number of duties, including providing and coordinating patient care, educating patients and the public about various health conditions, and providing advice and emotional support to patients. And a course specialized in Ageing Support will help me learn techniques to handle elderly people better. Besides, the Australian qualification will equip me with practical knowledge and skills that will put me in high demand in most of the reputed hospitals and aged care centers I mentioned. I will stand out in the crowd as well because Nepalese graduates will not have the international exposure, practical skills and the real-world experience that I will achieve during my placement in AHIC. The medical field in our country is in the need of big changes and developments and the nursing career never goes out of scope. There are a lot of job portals such as [www.ramrojob.com](http://www.ramrojob.com), [www.merojob.com](http://www.merojob.com), [www.kantipurjob.com](http://www.kantipurjob.com), [www.ejobsnepal.com](http://www.ejobsnepal.com), etc. that have numerous vacancies relevant to my anticipated qualification. After gaining a few years of experience, I would later like to open my own aged care center and also a training center where I can train and guide future nurses, specializing in ageing support as none of the courses in that specialization is available in our country. With that, not only will I be able to serve my country and help future nurses; other people interested in ageing support will not have to go to another country for the education.

After returning home, I will have a good career, get to be with my family and also have a satisfying and fulfilling life by getting involved in caring for sick and old and the smiles in my family's face and my inner satisfaction will have brought return in my investment towards my study. And so, I will definitely come back home immediately after studies.



### **Financial condition/Sponsors:**

Throughout the duration of entire course, my family will be sponsoring me with all the necessary financial aid as well as my accommodation cost. My family has always motivated and supported in any possible means to reach my goals and I am really blessed to get with such supportive family. My father (Mr.Ritu Prasad Khatiwada), runs a private business named Lali Guransh General Order Suppliers (PAN NO.301693022) and earns **NRs. 1,200,000.00** Similarly, my two brothers (Mr.Gopal Khatiwada and Mr.Bhupal Khatiwada) who work as accountant has salary **NRs.36,000.00** and Manager has salary **NRs. 40,000.00** per month. So, the total annual income of my sponsors is **NRs. 2,520,000**, equivalent to **31,288.80 AUD**. Besides that, my father has also taken an educational loan of **NRs. 3,800,000**, equivalent to **47,181 AUD** from Nabil Bank for my educational expenses. So, I am confident that my sponsors are financially sound and stable and will have no problem covering all the tuition and living expenses during my entire stay in Australia.

I feel privileged and blessed to have such a strong family who has provided me both financial and moral support throughout my career.

### **Final Words:**

Lastly, I would like to state that my intention to go to Australia is only to study and this is indeed a well-researched and thought-out decision, considering my academic and financial background as well as future plans. With the commitment of studying hard and make my career bright. I shall be disciplined and hardworking throughout my study period. I am always ready to face the upcoming challenges and will surely chase my dream of being a successful woman contributing in health sector for the deprived communities of my motherland. I am a genuine student, and shall be a genuine temporary entrant, provided the opportunity to study in Australia.

I hope you will have a positive assessment of my application and grant me the wonderful opportunity to study in Australia.





Thank you.

Yours Sincerely,

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A handwritten signature in black ink, appearing to be the name 'Manisha', located at the bottom center of the page.