

To,

Australian High Commission,

New Delhi, India

STATEMENT OF PURPOSE

INTRODUCTION

I introduce myself as **Shrijana Rai**, a permanent residence of Seduwa, Makalu -02, Sankhuwasabha. I am 22 years old holding passport number 10504260. I am presenting this statement of purpose to express my views and thoughts of my past, present and future steps of my academic background and career. I intend to pursue **Certificate IV in Ageing Support** commencing on 23rd April 2018 and **Diploma of Nursing** commencing on 14th October 2019 in Australian Harbour International College (AHIC), Sydney, Australia.

ACADEMIC BACKGROUND, EXPERIENCE AND ENGLISH PROFICIENCY

I completed my **School Leaving Certificate (SLC)** in the year of **2011** from Constellation Academic Garden Boarding High School scoring 74%. Then, I joined New Millennium College majoring management steam in the same year. I completed my **intermediate education (10+2) in 2013** securing 52.20% in aggregate. During my final exam in 2013, my mother had an operation of Cholelithiasis and she had an infection in the incision site which led her to being admitted for a week in the hospital. After her discharge, she always used to talk about the nurses who were very caring and wished if I could be a nurse and care for people like them. I realized that even I used to want to become a nurse when I was in school and had always been more interested in helping people, caring for them rather than calculating figures and doing business. My mother's condition made me realize my passion towards nursing. So, I finally joined **Proficiency Certificate Level (PCL) nursing** in 2014. I completed my PCL Nursing from Om Health Campus in the year of **2016**. I scored aggregated marks of 80.38% with distinction. As soon as I completed my nursing and got license of a registered nurse, I started working in Bharosa Hospital, Baneshwor as an Emergency nurse.

About my English proficiency, I took IELTS exam on 28th October, 2017 and secured overall score of **6.5**.



WHY NURSING?

Since my school days, I had always taken health and being healthy seriously. Then, when my mother got sick, I got really worried and kept wondering what I could do to make her better. Then, I saw how the services of the nurses in the hospital actually made her better. I was genuinely impressed by the techniques of handling a patient that they knew and I had no idea of. That made me realize how selfless and satisfactory the profession of nursing is. I also wanted to learn how to handle elderly people because they are even weaker and need constant care and attention. I thought that a career as health personnel will definitely help me positively influence other people's lives. A nurse is a person who provides care to individuals, family and communities so they can attain, maintain, or recover optimal health and quality of life. So, I have chosen ageing support and nursing as my study areas. Being a nurse is always a challenging job because we always must deal with the life of people. Nursing has many areas to work in, such as; in aged care nursing, community health nursing, pediatric nursing, midwifery, etc. I am extremely proud and honored to pursue this career and I believe that I'm capable of helping and caring of people as a nurse. Although nursing is a challenging profession, I strongly believe that it will enhance my intelligence, personality and ability.

WHY NOT NEPAL?

After completing PCL Nursing and working in a hospital, I realized that I still had a lot to learn. But I also realized that the curriculum of Nepal is outdated and hasn't been updated in a long time to meet modern and international standards. The teaching-learning in Nepal is highly theoretical and lacks practical approach. Resources and facilities required for a nursing student to learn better are not available in our country. However, despite all these, one is required to possess all the practical skills in the workplace. Thus, I decided to study abroad for better, practical based education with international recognition and hands-on experience so that I can return and serve my country's health sector even better.

WHY AUSTRALIA?

I did a lot of research on different countries' education system on internet and also with the help of a lot of education consultants. I decided to study in an English-speaking country because it would be difficult for me to communicate with people and learn better if I didn't even know their local language. Then, I compared the English-speaking countries like USA, UK, Australia and Canada. The recent changes made in the rules in visa processing for the



international students and the continuous news of gunshots in educational institutions did not let me choose USA as my study destination. I also did not choose UK although it is the 2nd most popular study destination for the international students due to its expensive tuition fee and living costs (UK pound rate in Nepal is around Nrs. 144). Canada has extreme cold weather and I am only used to the moderate and hot temperature of Nepal, which left only Australia as an option for me. So, I started researching on Australia and found out that it is indeed a safe, peaceful, multicultural, dynamic English-speaking country with excellent education system and a great lifestyle.

Australia is one of the most advanced countries having Education Services for Overseas Students (Act 2000), which is made to secure the rights of the students who come to study here and Tuition Protection Scheme (TPS) that protects students' payment and ensures refund if the provider is not able to teach the intended course. There is also mandatory health insurance scheme called Overseas Student Health Cover (OSHC) for international students. Australia is the 4th happiest country in the world which is considered as safe and vibrant country. Australia is the 3rd destination for international students in the world because of friendly natives, cultural diversity and high quality of education. Australia is an English speaking country with multicultural society. Moreover, weather of Australia is quite similar with Nepal so we can adjust their easily without any hesitation. The government of Australia invests \$2,000,000,000 annually as the scholarships for international students. There are 22,000 courses and 1100 institutions in Australia and most of the courses are covered by Australian Qualification Framework (AQF) ensuring quality. Out of top 100 universities, 8 universities are located in Australia. Also, top 5 best cities out of 30 in the world are also in Australia. In university ranking system, Australia is in 9th position in the world ahead of Germany, New Zealand and Japan. Australia is ranked under top 50 universities for arts and humanities, clinical and pre- clinical health, engineering and technology, etc. Additionally, Australia has lowest crime rate compared to other destinations. The tuition and living costs is also quite affordable in Australia considering the comparatively lower conversion rate with Nepalese currency than other developed countries and owing to the quality education and lifestyle.

Thus, I have chosen to study in Australia and am happy with my decision so far.

WHY AUSTRALIAN HARBOUR INTERNATIONAL COLLEGE?

There are a lot of education providers in Australia. Choosing the right college is a difficult task. Different factors need to be considered before making the decision. I searched for colleges that provide ageing support and nursing education in internet and also got a lot of information on colleges of Australia from Consultancy. I researched on colleges like Queensford College (www.queensford.edu.au), Australia Institute of Business and



Technology (AIBT) (www.aibtglobal.edu.au), Institute of Health and Nursing Australia (IHNA) (www.ihna.edu.au) and Australian Harbour International College (AHIC) (www.ahic.edu.au) that offer courses similar of my interest. Queensford College offered Certificate IV in Ageing Support of only 26 weeks, which I felt is very short to learn enough and practice the gained knowledge. AIBT only offered a nursing package of Certificate III in Individual Support and Diploma of Nursing for international students, and I was not so keen in studying Certificate III in individual support. IHNA offered Certificate IV in Ageing support and Diploma of Nursing but the course duration of Diploma of Nursing was longer and also no placement opportunities were available in any college other than AHIC. AHIC offered my intended courses, plus compulsory placement in its own affiliated aged care centers and hospitals, right from the start which would give students a chance to apply the theoretical knowledge into real life and thus, turn it into practical skills.

Australian Harbour International College is a registered provider of vocational education and training offering courses in Accounting, Business and Health Science, located in the heart of Sydney's Central Business District, which means easy and convenient access to transportation facilities. Harbour College emphasizes on quality education by creating unique learning opportunities for students and seeks ways to align its education products with the demands of the current labour market along with the adoption of new technologies with student focused teaching and learning strategies. This college also has flexible intakes i.e. January, February, April, May, June, July, August, October and November. The tuition fees are also affordable as compared to other education providers. The best part is that it includes internship and job placement for ageing support and nursing students which provides students with real-world experience. It is one of the most popular private learning institutions which offer value based learning within its nationally recognized qualification. Weekly support tutorials, welfare and career counselling, extra classes for weak students, orientation to new students and amazing lecture rooms and library facilities are provided by AHIC to its students. Education support strategies are used by trainers. Theory and practical classes are balanced by separating hours for both teaching each week. Assessments are done via projects, reports, presentations, and group discussions, etc. AHIC is a registered training organisation and is bound to comply with the Vocational Quality Framework (VQF), the National Code of Practice 2007 and other requirements specified by the Australian Skills Quality Authority (ASQA). It is also registered in the Commonwealth Register of Institution and Courses for Overseas Students (CRICOS) to deliver courses for international students. Pre-teaching terminology, demonstrating procedures, providing opportunities for hands-on experience and practice, ensuring individual support and advice to students, encouraging students to work at their own pace and offering tutorial times for students to work in smaller groups with trainer are some of the education strategies used in AHIC.



AHIC is attributed to have been driven by the philosophy of continuous quality improvement and I will be very grateful to be provided with an opportunity to be a part of AHIC.

WHY CERTIFICATE IV IN AGEING SUPPORT?

Aged care is a care that is given to an old people or person above 60. It is more focused to the old people who are physically, mentally and socially weak due to the old age. In AHIC, it is a 78 weeks (54 weeks study) long course including practical placement of 120 hours. Ageing support will provide skill to deal with elderly people from different socio-economic and cultural background. There are a lot of aged care home in Nepal but studying ageing support is not available here. Successful completion of this course will enable student to work as an Aged care worker in variety of health care settings. This course has total 18 units of competency.

Code	Units of Competency
CHCADV001	Facilitate the interests and rights of clients
CHCAGE003	Coordinate services for older people
CHCAGE004	Implement interventions with older people at risk
CHCAGE006	Facilitate individual service planning and delivery
CHCCCS025	Support relationships with carers and families
CHCLEG003	Manage legal and ethical compliance
CHCPRP001	Develop and maintain networks and collaborative partnerships
CHCAGE001	Facilitate the empowerment of older people
CHCAGE005	Provide support to people living with dementia
CHCCCS011	Meet personal care needs
CHCCCS023	Support independence and well being
CHCDIV001	Work with diverse people
CHCPAL001	Deliver care services using a palliative approach
HLTAAP001	Recognize healthy body systems
HLTWHS002	Follow safe work practices for direct client care
HLTAID003	Provide First Aid
HLTENN025	Implement and monitor care for a person with diabetes
HLTAAP002	Confirm physical health status

WHY DIPLOMA OF NURSING?

The Diploma of Nursing is 104 weeks (72 weeks study) long program which contributes for modern skills in clinical, practical, and leadership field. It is a qualification that reflects of



an enrolled nurse working under supervision of a registered nurse. And after becoming a Nurse it broadens the mind and makes a person practical and skillful which is a great advantage. This course has a total of 25 units of competency.

Code	Units of Competency
CHCDIV001	Work with diverse people
CHCDIV002	Promote Aboriginal and/or Torres Strait Islander cultural safety
CHCPRP003	Reflect on and improve own professional practice
HLTAAP002	Confirm physical health status
HLTAAP003	Analyse and respond to client health information
HLTENN001	Practise nursing within the Australian health care system
HLTENN002	Apply communication skills in nursing practice
HLTENN003	Perform clinical assessment and contribute to planning nursing care
HLTENN004	Implement, monitor and evaluate nursing care plans
HLTENN005	Contribute to nursing care of a person with complex needs
HLTENN006	Apply principles of wound management in the clinical environment
HLTENN007	Administer and monitor medicines and intravenous therapy
HLTENN008	Apply legal and ethical parameters to nursing practice
HLTENN009	Implement and monitor care for a person with mental health conditions
HLTENN011	Implement and monitor care for a person with acute health problems
HLTENN012	Implement and monitor care for a person with chronic health problems
HLTENN013	Implement and monitor care of the older person
HLTENN015	Apply nursing practice in the primary health care setting
HLTINF001	Comply with infection prevention and control policies and procedures
HLTWHS002	Follow safe work practices for direct client care



HLTENN025 Implement and monitor care for a person with diabetes

CHCPOL003 Research and apply evidence to practice

HLTENN010 Apply a palliative approach in nursing practice

HLTINF003 Implement and monitor infection prevention and control policy and procedures

HLTAID003 Provide first aid

FUTURE PLANS

Upon completion of my course, I will immediately return to my country as I wouldn't want to stay away from my home, family, friends and relatives for long. I have a responsibility towards my parents and my nation. Besides, my dream is to serve the old and sick people of my own country, my own society. I want to be the reason behind the smile on the faces of the old and sick who I will serve and their families. I want to be the kind of person that can leave an impression on people like the nurses who had taken care of my mother had left on her. And for all that, I want to be back in my own country. And, I am certain that after completing my intended courses, I will have been equipped with the necessary knowledge and skills required to take care of the sick and old people and thus, work in a hospital, aged care center or any other organizations involved in health sector in Nepal.

After returning to Nepal, I would like to work as a registered nurse in reputed hospitals and care homes such as Om Hospital (www.omhospitalnepal.com), Bir Hospital (www.nams.org.np), Neuro Cardio and Multispecialty Hospital (www.neurohospital.com.np), Orchid Care Home (www.orchidcarehome.com.np), Health Home Care Nepal (www.hhcn.biz), etc. I would also like to later work as a nursing professor in teaching hospitals like T.U. Teaching Hospital (www.iom.edu.np), Bir Hospital (www.nams.org.np), etc. or be involved in co-ordinating positions in NGOs, INGOs like Saar Nepal (www.saarnepal.org), RTI Nepal (www.rti.org), ActionAid International Nepal (AAIN) (www.actionaid.org), etc. which are very reputed jobs with prestige in the society. Here in my home country I would love to utilize my knowledge, experience, skills and abilities in the health sector of rural areas of Nepal where the lack of basic and general drugs lead human to dreadful condition and unavailable of enough hospitals and health care centers are still the burning issues. Health is the crucial phenomenon without which nothing is worthwhile. Thus, after completing my course, I would love to utilize my knowledge and skills here in my home country in order to provide relevant, rationalized and quality nursing care to the people in need. My only intention is to complete my course in Australia. Then after successfully completion of my course, I would like to return to my home country and involve in related work on some of the reputed hospitals aged care



nursing home. After the completion of this course, I am sure that I will get a good job in Nepal due to Australian degree, international skills and experience. Many people in my country have suffered a lot due to improper treatment, so to give proper and advance treatment by using my knowledge and skill is my strong desire. My keen interest in nursing would lead me towards many success and achievements. I expect to have a long career in this field and wide range of benefits. I am excited to learn new things, gain skills, experience and education in Australia and to contribute my own country after returning back in my own homeland as a Qualified Professional. I am well prepared to continue my course in Australia. Some of the job portals that can be of help to search for relevant job vacancies when I'm back in Nepal are: www.merjob.com , www.ramrojob.com, www.kantipurjob.com, www.ejobsnepal.com, etc.

FINANCIAL SUPPORT

My father, mother and brother, jointly have an annual income of NRs. 18,82,000, equivalent to AUD 23,220 from house rent, land lease and salary of all three of them. My father also has land and building worth NRs. 1,68,84,250, equivalent to AUD 207,831. In addition, my mother has NRs. 33,02,620, equivalent to AUD 41,143 deposited in Nepal Investment Bank, Dhumbarahi branch. My family is fully sponsoring for my further course in Australia as they have sufficient funds to bear all expenses including living, travel and tuition fees during my study and stay period in Australia.

Studying in Australia and getting the degree is the matter of pride to my family members as well as me. I consider myself tremendously lucky to have a family, which is extremely supportive and has helped me shape up to be the person I am today.

VISA CONDITIONS

According to my research I found that I have to follow the conditions below until I remain in Australia.

1. I need to maintain minimum 80% of the attendance.
2. Study with full time load.
3. Maintain overseas student health cover (OSHC) for the study period.
4. I need to clear 50% of subjects each term.



CONCLUSION

Presenting above statements, I want to assure you about my progressive academic career and I will prove myself to be a good student with higher grades and good academic achievements. I am a genuine student, belong to a financially sound and stable family, and will certainly return to my country and utilize the knowledge and skills gained in Australia back in my country. So, I hope you consider my application and provide me the opportunity to study in Australia and make my dreams come true.

Thank you.

Sincerely,

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